

2008 - 2009 Individual Development Competitions/Deadlines
(United States Women of Today)

PERSONAL ENRICHMENT

Effective Speaking:

National Year End Competition only

Topic: *Where do you envision yourself in 5 years? How will you attain that dream?*

Guidelines: 4 - 6 minutes; submit stat sheet; requires attendance at Year-end National Convention

Cost: \$5.00 - payable to USWT

Deadline: **May 1, 2009 postmark**

Submit to National PE PM (Louise Orum 23C Benefit Street, Attleboro, MA 02703 508-369-7207 lro2@netzero.net)

Notify State ID PM of members entering competition

Effective Writing:

National Mid-Year Competition

Topic: *Who is the STAR in your life?*

Guidelines: 600 - 800 words, typed, single sided, double spaced, 5 copies with stat sheet

Does not require attendance at Mid Year meeting

Cost: \$5.00 - payable to USWT

Deadline: **September 1, 2008 postmark**

Submit to National PE PM (Louise Orum 23C Benefit Street, Attleboro, MA 02703 508-369-7207 lro2@netzero.net)

Notify State ID PM of members entering competition

National Year End Competition

Topic: *Who is the STAR in your life?*

Guidelines: 600 - 800 words, typed, single sided, double spaced, 5 copies with stat sheet

Does not require attendance at National Convention

Cost: \$5.00 - payable to USWT

Deadline: **May 1, 2009 postmark**

Submit to National PE PM (Louise Orum 23C Benefit Street, Attleboro, MA 02703 508-369-7207 lro2@netzero.net)

Notify State ID PM of members entering competition

S.T.E.P.

National Year End Competition

Step II: Resume' only - see USWT forms

Does not require attendance at National Convention

Guidelines: 4 copies of each resume

Cost: \$5.00 - payable to USWT

Deadline: **May 1, 2009 postmark**

Submit to National STEP PM (Vickie Vitale 131 Gables Way Jackson, NJ 08527 732-252-6862 vvitale@optonline.net)

Notify State ID PM of members entering competition

STEP III - Resume' and interview

Requires attendance at National Year End Convention

Cost: \$5.00 - payable to USWT

Deadline: **May 1, 2009 postmark**

Submit to National STEP PM (Vickie Vitale 131 Gables Way Jackson, NJ 08527 732-252-6862 vvitale@optonline.net)

Notify State ID PM of members entering competition

FOCUS ON WOMEN

National Year End Competition

Essay Topic: *I Found My Focus* (about a turning point in your life)

Guidelines: 800 - 1200 words; typed, double spaced; send 4 copies with 4 stat sheets - each copy in a binder or folder

Does not require attendance at National Convention

Cost: \$5.00 - payable to USWT

Deadline: **May 1, 2009 postmark**

Submit to National FOW/Chaplain PM (Marcia Allison 189 Littleton Rd Unit 48 Chelmsford, MA 01824 978-256-3395

randmallison@comcast.net)

Notify State ID PM of members entering competition

*NEW ** NEW** NEW***

CHAPLAIN

National Year End Competition

Essay Topic: ***At the Center*** (about something that centers your life spiritually)

Guidelines: not to exceed one page: 12pt font; typed, double spaced; send 4 copies

Does not require attendance at National Convention

Cost: \$5.00 - payable to USWT

Deadline: **May 1, 2009 postmark**

Submit to National FOW/Chaplain PM (Marcia Allison 189 Littleton Rd Unit 48 Chelmsford, MA 01824 978-256-3395
randmallison@comcast.net)

Notify State ID PM of members entering competition